

Bigbie Chiropractic Office
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Name: _____ Date: _____

Please take several minutes to answer these questions so Dr. Bigbie can help you get better faster.
(Please circle as many that apply.)

1. How have you taken care of your health in the past?

- a. Medications
- b. Emergency Room
- c. Routine medical
- d. Exercise
- e. Nutrition/Diet
- f. Holistic Care
- g. Vitamins
- h. Chiropractic
- i. Other (please specify): _____

2. How did the previous method(s) work out for you?

- a. Bad Results
- b. Some Results
- c. Great Results
- d. Nothing changed
- e. Did not get worse
- f. Did not work very long
- g. Still trying
- h. Confused

3. How have others been affected by your health condition?

- a. No one is affected
- b. Haven't noticed any problem
- c. They tell me to do something
- d. People avoid me

4. What are you afraid this might be (or beginning) to affect (or will affect)?

- a. Job
- b. Kids
- c. Future ability
- d. Marriage
- e. Self-esteem
- f. Sleep
- g. Time
- h. Finances
- i. Freedom

5. Are there health conditions you are afraid this might turn into?

- a. Family health problems
- b. Heart disease
- c. Cancer
- d. Diabetes
- e. Arthritis
- f. Fibromyalgia
- g. Depression
- h. Chronic Fatigue
- i. Need Surgery

**6. How has your health condition affected your job, relations, finances, family, or other activities?
Please give specific examples:** _____

7. What has that cost you? (time, money, happiness, freedom, sleep, promotion, etc.) _____

8. What are you most concerned with regarding your problem? _____

**9. Where do you picture yourself being in the next 1-3 years if this problem is not taken care of?
Please be specific:** _____

10. What would be different/better without this problem? Please be specific. _____

11. What do you desire most to get from working with us? _____

12. What is that worth to you? _____
